



# YOU ARE A **BRAIN BUILDER**

**Birth to 5 is a time of  
rapid brain growth.**

Building little brains is so important because it is a foundation for learning throughout life. We can help with simple actions: our smile, our love, our words. Small actions add up to millions of connections for a child's brain.

For tips on how to help build little brains, go to  
[www.ctoec.org/child-development](http://www.ctoec.org/child-development)



Connecticut Office  
of Early Childhood

LITTLE  
Wonders